

# Community Assessment & Treatment Services, Inc.

## 2011 Annual Report



### **Our Mission**

To provide high quality, cost effective, holistic abstinence-based intervention and prevention services. These services address the chemical-dependency or mental health needs of a diverse clientele.

### **Our Vision**

CATS strives to grow as an organization committed to our mission to deliver highly professional, state-of-the-art chemical dependency and mental health services to the under-served and the under-represented.

8411 Broadway Ave.  
Cleveland, OH 44105  
(216) 441-0200  
[www.communityassessment.org](http://www.communityassessment.org)

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Lou LaMarca, Director of Continuous Quality Improvement

Robert D. Newman, Director of Development



## Message from the Executive Director

*From our humble beginnings in 1990 to our expansion plans for 2012, CATS has maintained one thing; an unwavering dedication to helping the residents of Northeast Ohio break free from the devastating cycle of addiction, mental illness, poverty and incarceration.*

*Through the dedication, commitment and professionalism of our staff, CATS has become one of the preeminent treatment providers in Cuyahoga County. Because of their hard work, CATS has built a reputation of excellence, quality and integrity and for that, I would like to say "Thank You." We would not be the organization we are today without each of you.*

*In addition to the staff here at CATS, I would also like to express my appreciation and gratitude to the thousands of individuals and like-minded agencies in the Northeast Ohio community whose continued support of our mission and our vision has allowed us to help so many individuals in their time of need.*

*Most importantly, I want to express my admiration and congratulations to every individual who has completed our programs. Their courage to face their problems and get the help they needed to regain control over their lives serves as an inspiration to all of us at CATS. The commitment of our clients to changing their lives for the better makes our entire community stronger.*

*I am honored to be part of an agency with such dedicated staff and determined clients. Thank you all for making a difference in our community and thank you for your continued support of the mission of CATS.*

*Sincerely,*



Roxanne Wallace  
Executive Director



## Message from the President of the Board

*As Executive Director Roxanne Wallace points out in her letter, the clients of CATS are a great inspiration to everyone in our community. Their determination to improve themselves and their lives is indeed a courageous step that can only make our community stronger.*

*With the help of the dedicated staff at CATS, clients are able to take the first step in rebuilding their lives and reunifying their families. Without the hard work of the staff at CATS, none of this would be possible and for that, I am very grateful.*

*I see CATS as a crucial element in our community and judging by the generosity of community partners and individual donors, I am not alone. Without the time, money and resources donated by the businesses, foundations and residents of Cuyahoga County, CATS could not continue to flourish as it has over the past 22 years. Your gifts are truly appreciated.*

*It is an honor to act as President of the Board for CATS. With your continued support, we can all make a difference in so many lives as we try to build a better tomorrow for all.*

*Sincerely,*



Amos Z. Mahsua  
President of the Board



## Accredited by:

- American Correctional Association (ACA)
- Ohio Department of Rehabilitation and Correction (ODRC)
- Ohio Department of Alcohol and Drug Addiction Services (ODADAS)
- Commission for Accreditation of Rehabilitation Facilities (CARF) – Pending January 2013 Approval

Community Assessment & Treatment Services, Inc. is also a contract agency for the Alcohol, Drug Addiction and Mental Health Services (ADAMHS) Board of Cuyahoga County and an Equal Opportunity Employer and Provider of Services.

## Programs

Community Assessment & Treatment Services, Inc. provided residential treatment services to 700 individuals and outpatient treatment services to 737 individuals in 2011. Including our non-treatment focused programs (CATS Plus & SafeNet), CATS provided services to 1549 clients in 2011. Agency wide, 68% of clients successfully completed their recommended level of care.

## Services

Each client's treatment program is individualized to his/her needs. Treatment programs vary in length and may include any number of our treatment services.

- Intake Assessment
- Drug Screening Services
- Individual and Group Counseling
- Trauma Counseling Services
- Case Management Services
- Crisis Intervention Services
- Job Training and Housing
- Mental Health Services
- Family Counseling Services
- Relapse Prevention Services
- Recreational Activities
- Job Readiness & Job Placement Services



CATS' Executive Director Roxanne Wallace accepts an award from the Alcohol, Drug Addiction and Mental Health Services Board of Cuyahoga County for "outstanding service to the community" and for pursuing accreditation from the Commission on Accreditation of Rehabilitation Facilities (CARF) and the Ohio Department of Mental Health.



# Welcome to Our New Staff

Community Assessment & Treatment Services would like to welcome the two newest members of the CATS' team, Robert D. Newman and Margaret (Peggy) Graham.



Robert joins us as our Director of Development. He previously worked for 10 years as the Supervisor of the Intensive Supervision Unit and CCA Program Director for Medina County Adult Probation. He holds a B.A. in Psychology and a B.A. in Sociology from the University of Akron and an M.A. in Criminal Justice-Forensic Psychology from Tiffin University. Robert is also an adjunct instructor of Criminal Justice at Tiffin University.



Peggy Graham becomes the Program Manager for the Women's Residential Treatment Program after obtaining her M.E. in Counseling from John Carroll University. Prior to becoming the Program Manager, Peggy had worked part-time for CATS and completed an internship at CATS while attending John Carroll University.





# Individual Supporters

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# Foundations

The Abington Foundation  
Thomas & Joann Adler Family Foundation  
The Eva L. & Joseph M. Bruening Foundation  
The Cleveland Foundation  
The Woodruff Foundation

The Higley Fund  
Mt. Sinai Health Care Foundation  
The Saint Luke's Foundation  
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# Companies/Corporations

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# Public Funding Provided By

Alcohol, Drug Addiction and Mental Health Services Board of Cuyahoga County  
Alcohol & Drug Addiction Services Board of Lorain County  
Alcohol, Drug Addiction and Mental Health Services Board of Lake County  
Mental Health & Recovery Board of Portage County  
Berea Municipal Court  
City of Cleveland  
Cleveland Municipal Court  
Cleveland Housing Network  
Cuyahoga County Commissioners  
Cuyahoga County Court of Common Pleas  
Cuyahoga County Office of Re-Entry  
Euclid Municipal Court  
Lyndhurst Municipal Court  
Mt. Pleasant Weed & Seed  
Ohio Department of Alcohol & Drug Addiction Services  
Ohio Department of Job & Family Services  
Ohio Department of Public Safety, Office of Criminal Justice Services  
Ohio Department of Rehabilitation and Correction  
Ohio Department of Youth Services  
Ohio Direct  
Parma Municipal Court  
Rocky River Municipal Court  
United States Department of Justice  
United States Probation & Pre-Trial Services

“CATS is different than the other treatment centers I’ve been to. They’ve truly changed my life for the better.”

— K. P.

*Thank you to all our generous supporters.  
We apologize for any omissions or mistakes.*



## A CATS' Success Story

First & foremost, I want to give Roxanne Wallace and the staff at Community Assessment the utmost gratitude for giving me an opportunity. As an individual who has been in and out of prison throughout my life, I can say that the treatment I received at CATS has forever changed my life.

Today I am focused & involved in my community. I feel great today!! I have learned to be honest but above all, I make choices to take a chance to change. It's amazing how I came across great people here at CATS, like my counselor, Mr. Boone.

Mr. Boone told me, "Jose, your family needs you. You have to stop living that lifestyle." I have changed and now I try to give back whenever I can. I'm in the process of (making arrangements) to bring local kids from my community here to CATS so they can hear some of the clients' stories.

I am grateful and forever will be thankful to Community Assessment & Treatment Services! The day of April 13, 2010 was the day I walked out of CATS & also the day my life has been great since! Thank You!

Sincerely,

*Jose Enrique Lebron*

Jose Enrique Lebron





# 2011 Financial Report

## Revenue

Government Grants and  
Program Service Fees..... \$4,771,087.00

Contributions..... \$ 53,320.00

Other Income..... \$ 105,899.00

Total..... \$4,930,306.00

## Expenses

Housing..... \$2,974,535.00

Outpatient..... \$ 518,078.00

CATS Plus..... \$ 416,527.00

Weed & Seed..... \$ 48,442.00

Administration..... \$ 284,256.00

Reserves..... \$ 424,713.00

Total..... \$4,930,306.00



## **Statistics: CATS Client Population 2011**

### Primary Drug of Choice

Alcohol..... 26%  
Marijuana..... 25%  
Heroin/Opiates..... 23%  
Crack..... 16%  
PCP..... 3%  
No Diagnosis..... 7%

### Average Length of Stay

Outpatient..... 12.5 wks  
In-Patient..... 9 wks  
CATS Plus..... 32 wks  
SafeNet..... 23.5 wks  
All Programs.. 23 wks

### Race

African American..... 56%  
Caucasian..... 36%  
Hispanic..... 8%

### Gender

Male..... 73%  
Female..... 27%

### Age

18 – 30..... 47%  
31 – 50..... 47%  
51 +..... 6%

*“I’ve been an addict for over 20 years. I’ve never been in treatment until now and this program has been truly effective”*

– N. B.

# 2011 - 2012 Quality Improvement Update

Community Assessment & Treatment Services is committed to providing the most up-to-date and evidence based services to our clients. In accordance with this principle, CATS' staff participated in the following trainings and educational seminars in the past year:

Clinical Staff were trained in Motivational Interviewing by the Center for Evidence Based Practices at Case Western Reserve University

Counseling Staff were trained in Thinking for a Change and Cognitive Behavior Therapy (CBT) Interventions

CATS' residential curricula was revised to align with the most current evidence based practices designed to reduce recidivism and promote abstinence

Continuing education is another priority for CATS. We are proud of the following academic achievements and licensures obtained by our staff in FY 2011:

Brian Bentley – Associate Degree, Human Services

Louis LaMarca – Master's Degree, Social Service Administration

Jackie Uter – Master's Degree, Social Work

Lonnie Jones – Master's Degree, Social Work

Lonnie Jones – LCDC II

Kelly Morgan – LPCC

MorRondo Roberts – LISW

Jeffrey Distin – LPCC-S

In addition, we had twelve interns obtain their academic degrees while serving with the agency including five Associate's Degrees, three Bachelor's Degrees and four Master's Degrees.

Finally, CATS was able to improve our facilities in 2011 through the addition of two group rooms, the installation of dry erase boards and flip charts, the installation of TV's for video and PowerPoint presentations and a server upgrade for the entire agency. All of these improvements have made an impact on our ability to provide our clients with high-quality, cost-effective programming. We look forward to continued growth in 2012, including the construction of a 60 bed addition in the fall.

Sincerely,

*Lou LaMarca*

Lou LaMarca, LSW, MSSA  
Director of Continuous Quality Improvement



# CATS continues to contribute to the future of the community:

Community Assessment & Treatment Services is proud to announce two major developments for our agency in 2012. As of July 1, 2012, we will begin operating in compliance with the Commission for Accreditation of Rehabilitation Facilities (CARF) requirements in anticipation of receiving our CARF accreditation in January, 2013. This certification will allow us to provide accredited mental health services to clients who are suffering from certain types of mental illness which can be prevalent in this population.

Our biggest news for 2012 is the planned construction of a new, two-story expansion. The new building will be located on the southeast side of our men's facility and will house 60 additional clients. The beds provided by the new addition will allow us to serve a greater number of clients while better aligning our programming with ODRC Best Practices requirements. This expansion will also allow CATS to bring up to 15 new jobs to the Broadway Ave./Slavic Village area.



2012 Two-Story, 60-Bed Expansion Rendering

We are extremely excited about the new developments here at CATS. With our CARF accreditation and construction of the building addition, CATS will continue to provide the high quality, cost-effective, holistic, abstinence-based treatment services we are known for throughout the region. Thank you again for your continued support as we look to 2012 for bigger and better things here at Community Assessment & Treatment Services, Inc.



"I love this program. It has helped me more than I could have imagined. I've learned so much about myself and my addiction."

— K. G.



# How to contact CATS

**C**ommunity **A**ssessment & **T**reatment **S**ervices, Inc.

**Administration, Residential & Outpatient Treatment Programs**

8411 Broadway Ave.  
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## **CATS Plus**

12802 Kinsman Rd.  
Cleveland, OH 44120  
Tel. (216) 491-4930  
Fax (216) 751-8563



## ***How You Can Help...***

Thank you for your continued support of CATS. It is only with your help that we can continue to fulfill our mission. Your gift will rebuild a life and reunify a family and ultimately help revitalize our community.

You may donate using the envelope below or on-line at our website: [www.communityassessment.org](http://www.communityassessment.org) or by contacting Robert D. Newman, Director of Development at (216) 441-0200, ext. 111.



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