OUTPATIENT TREATMENT

INFORMATION



Non-Intensive - 1 to 3 days a week. Intensive - 4 days a week.



OVERVIEW

To help our clients achieve positive change, our Outpatient Services utilize Evidence Based Practices; interventions and techniques that research suggests are associated with positive outcomes. These include: Cognitive Behavioral Therapy (CBT), Social Learning and Motivational Interviewing.

Our clinical services are accredited by multiple organizations, ensuring that they reflect the best practices in the field. They include: Assessments, Group Therapy, Individual Counseling, Case Management, Crisis Intervention, Trauma Informed Care and Urinalysis.

Outpatient Services are open to adults 18 years or older with a history of substance abuse, mental health issues and/or criminal behavior. Assessments and/or counseling sessions are available Monday through Friday, 8am – 8pm and some Saturdays, 9am – 11am.

Because CATS works with a variety of payers (Medicaid, ODRC, and local & state grants) you may qualify for treatment with little or no out of pocket expense. In addition, we are able to accommodate private payments for those who wish to pay for treatment for themselves or a loved one.

If you or someone you know needs help, please contact our intake department to learn more about your treatment options.



- (216) 938-6829 | Mon. Fri. 8am 8pm Sat. 9am – 11am
- **L** 24hr. Admissions Line: (330) 412-2771
- referrals@communityassessment.org
- www.communityassessment.org