## RESIDENTIAL TREATMENT



\*Women's Residential treatment options in Cleveland, OH.



## **OVERVIEW**

Some individuals require a more structured setting to achieve and maintain long-term sobriety. For them, we offer an onsite, 24-hour supervised living environment. CATS Residential Treatment Program offers Evidence Based Practices; interventions and techniques that research suggests are associated with positive outcomes. These include: Cognitive Behavioral Therapy (CBT), Social Learning and Motivational Interviewing.

Our clinical services are accredited by multiple organizations, ensuring that they reflect the best practices in the field. They include: Assessments, Group Therapy, Individual Counseling, Case Management, Crisis Intervention, Trauma Informed Care and Urinalysis.

Residential Services are open to adults 18 years or older with a history of substance abuse, mental health issues and/or criminal behavior. Services are offered 24/7 and include multiple programs of differing intensity from 10 hours up to 30 hours of programming per week.

Because CATS works with a variety of payers (Medicaid, ODRC, and local & state grants) you may qualify for treatment with little or no out of pocket expense. In addition, we are able to accommodate private payments for those who wish to pay for treatment for themselves or a loved one. Please contact our intake department to learn more about your treatment options.





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