

# ANNUAL REPORT





Thank you for your continued support of our staff and clients.



COMMUNITY ASSESSMENT & TREATMENT SERVICES IS PROUD TO BE A CONTRACT AGENCY OF THE ADAMHS BOARD OF CUYAHOGA COUNTY.



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# FROM OUR BOARD CHAIR & CEO

Community Assessment and Treatment Services (CATS) is proud to be a premier provider of Substance Use Disorder and Behavioral Health Care Services for men & women in Northeast Ohio. We continuously examine opportunities to improve & expand our services to provide the best treatment possible to our clients.

Guided by our Strategic Plan, we have continued to improve:

Employee Recruitment, Development, & Retention. Our commitment to our staff has always been a priority. Over the past year, guided by Brigitte Fields, our Director of Human Resources, the senior management team has worked to identify both tangible and intangible benefits and create an advancement track for each department so that employees consider CATS for a career, rather than a job.

**Program Quality.** Our Clinical & Continuous Quality Improvement (CQI) Departments work tirelessly to ensure our programming adheres to Best Practices & Evidence-Based Practices. In doing so, they have worked to enhance and implement our employee training and development program and apply CQI techniques to meet industry benchmarks and improve the quality of our services. Growth & Expansion Opportunities. In line with our focus on program quality, we continuously look for gaps in the local continuum of care, to provide services our clients and our community need. This year, we looked to expand our capacity to offer our current services and collaborate with other agencies to best serve the evolving needs of our clientele.

We also welcomed a new Chief Financial Officer this past year. J. Brian Gehman joined CATS with a plethora of nonprofit knowledge and experience. He most recently served as CFO for the Christian Children's Home of Ohio and has over 20 years' experience as a nonprofit CFO. In his short time with CATS, Brian has hit the ground running, and we are excited to have him as part of the team.

As CATS continues to navigate the ever-changing landscape of behavioral healthcare, we strive to provide our community with the best, costeffective, evidence-based treatments that comprehensibly address the needs of our diverse clientele. We are proud to serve them as they Recover, Reclaim, and Rebuild their lives.



JOHN SCALISH

MICHAEL VANNIEL

BOARD PRESIDENT

CHIEF EXECUTIVE OFFICER Data M. Salist



# **OUR VISION**

CATS will be known for cultivating the dignity and self-worth of people by offering community-based recovery from addiction, mental illness, and criminal behavior.

# **OUR MISSION**

To promote the social justice needs of the community by providing high-quality, cost- effective, evidence-based interventions that comprehensively address the chemical dependency and behavioral health needs of the diverse clientele.





## **BOARD OF DIRECTORS**

Michael VanNiel President

Justin Byrne Treasurer

William Vajner Vice President

Sandra Stack Secretary

**John Price** 

**Barb Burncheck** 

**Annie Stephens** 

**Kevin Clancy** 

Mike Sofka, CFP

**Ryan Carlson** 

Julie Wisneski

**Todd Whitman** 

Dr. Alen Siljak



Gratitude Night, 2023 – Clinical Director Lou LaMarca & CEO John Scalish with Community Partners from U.S. Pretrial & Probation Services

## **OUR TEAM**

#### SENIOR MANAGEMENT

John Scalish, PCC-S, LICDC-CS Chief Executive Officer

> J. Brian Gehman Chief Financial Officer

Robert Newman, MCJ Director of Development

Lou LaMarca, MSSA, LISW Clinical Director

> **Char Osterland** Director of Administration

Jerome Wallace Facilities Director

Brigitte Fields, M.Ed., MBA Director of Human Resources



State Representative Melanie Miller (District 67) visits CATS' Wadsworth. \*John Scalish, Melainie Miller, Robert Newman, & Whitney Grimes

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## **OUR TEAM**

## **PROGRAM MANAGERS**

Jeff Distin Clinical Supervisor

**Ricki Audrick** *Clinical Supervisor* 

Niiocka Reed Men's Residential (A/B) Program Manager

William Maddox Outpatient Program Manager

Magda Bowditch Women's Residential Program Manager

Jim Cipiti IT Manager

Geoffrey Allan CQI Manager

Albert Rance Community Housing Manager Marybeth Adams Billing Manager

> Debbie Schon Intake Manager

Whitney Grimes-Peak Wadsworth-Rittman Program Manager

> Toni Griffin Office Manager

**Cynthia Jackson** Outpatient Office Manager

> Eric Soeder Federal Outpatient Program Manager

> Kim Norton Kitchen Supervisor

> > Fred Davis CMS Supervisor

Veronica Bridgeman-Smith Program Manager Men's Residential C-Building



# **PROGRAM HIGHLIGHTS**

## **COMMUNITY HOUSING**

CATS' CARF accredited, 54-bed Community Housing program for AOD and Dually Diagnosed men opened in August 2023. It is temporary in nature, giving time and space for residents to secure permanent safe and sober housing. This is typically very challenging for clients engaged in residential treatment, where their focus is on skill building. CATS provides a safe space for them to reside while engaging in and practicing learned recovery skills in the community. Residents are not charged room and board for the first 30 days, allowing time to secure employment and/or resume SSI/SSDI payments. Afterwards, they must pay for room and board in preparation for independent living. As part of a continuum of care provided by CATS, there is quick and effective placement into higher levels of care when needed, so substance use needs are continuously met without interruption. There is on-site support, safe storage of medication, structured activities and access to peer support, outpatient SUD and MH treatment and MAT. A dedicated house manager provides support, monitoring, motivational enhancement, and coaching. They conduct weekly house meetings and ensure compliance with CARF standards. From August 2023 till present day the Community Housing program served 166 participants, with 58% of participants successfully completing the program.





# **PROGRAM HIGHLIGHTS**

## **EMPLOYMENT PROGRAM**

An important diagnostic criterion is the consideration of how substance use has affected role obligations including employment and education. This negative effect results in unemployment and/or under employment. This lack of employment or other meaningful, structured time is a risk factor for continued and/or relapsed use of substances, creating a repeating cycle.

CATS employs an onsite employment coordinator through the generous support of the ADAMHS Board of Cuyahoga County. This employment program is a collaboration between CATS and OhioMeansJobs, the Ridge Project, and other local, employment-focused, community partners who come on site to enroll consumers into their respective programs. This collaborative Employment Program includes actual job placement, a feature missing from the majority of employment services as they focus on soft skills only. CATS' employment program also assists in the creation of resumes and setting up email addresses to help facilitate employment searches. The onsite aspect of the program eliminates interference with residential substance use treatment as employment services are scheduled around treatment. Low cost and/or free education and training prior to job placement are additional essential elements. The employers work closely with CATS on accommodating treatment schedules for consumers and insuring a safe, sober, supportive environment. These factors contribute to long-term recovery and are a unique aspect of this particular program.





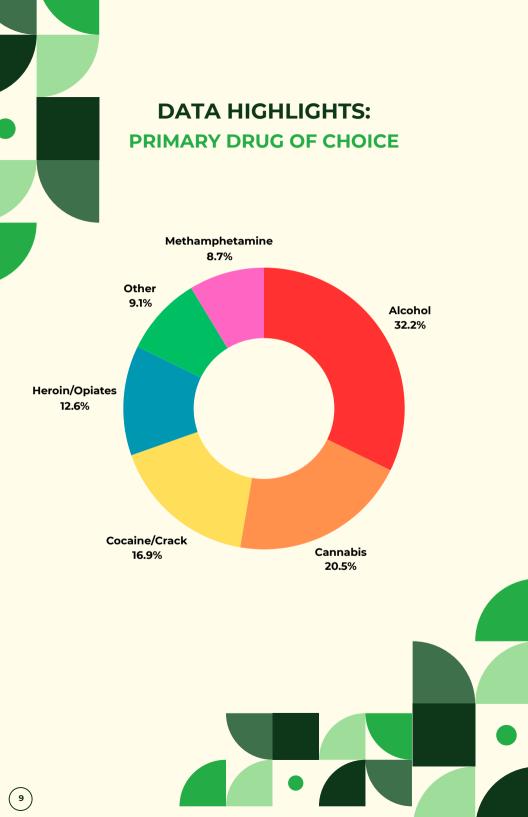
# **PROGRAM HIGHLIGHTS**

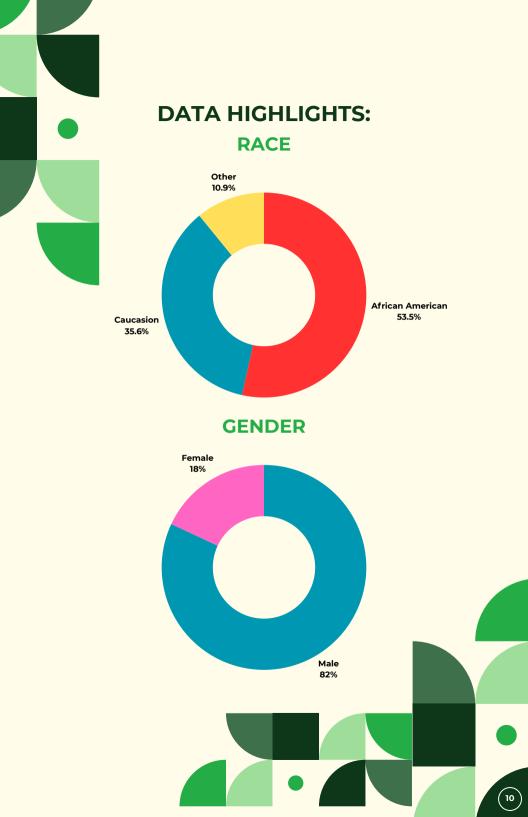
## TRANSPORTATION PROGRAM

Research suggests that a lack of transportation is a significant barrier to accessing needed substance use and/or behavioral health services. CATS' Transportation Program is made possible by the generous support of the ADAMHS Board of Cuyahoga County. This program funds the purchase of bus tickets for consumers without other options to get back and forth to SUD treatment in ASAM 3.5, 3.1, 2.1 and 1.0 levels of care and community housing.

For clients who do not receive bus tickets, this program funds a driver who can transport consumers to necessary medical and behavioral healthcare services for participants in SUD treatment 3.5 or 3.1 levels of care. These consumers have urgent needs of primary health care. Some of these consumers already have community behavioral healthcare providers and need transportation to their services for continuity of care. Public transportation is not an option for many consumers in a residential level of care because 1) accessing the community alone poses a significant risk of continued use/relapse, 2) their supervising authority does not approve independent outside movement due to the risk of recidivism. Our ability to provide transportation ensures the delivery of wraparound services, the integration of medical treatment, behavioral healthcare, and substance abuse treatment. This holistic approach to treatment gives our consumers the best chance at long-term success.







# **DID YOU KNOW?**

Successful clients averaged 113 days engaged in treatment across all levels of care at CATS.

CATS Clinical Staff provided 59,563 direct services to clients in FY '23.

We provided 49,636 individualized services & 9,927 group services in FY '23.

Our Counselors provided nearly 21,000 (20,974) hours of clinical services in FY '23

84% of clients who completed our program satisfaction survey "would recommend our services to others."

Client risk factors for relapse (according to the Brief Addiction Monitor) decreased by 52% from their intake assessment to their discharge from treatment at CATS.





# **REVENUE & EXPENSES**

SUPPORT & REVENUE		EXPENSES	
*Government	\$10,275,570	Residential Services	\$6,740,272
Contributions	\$20,312	Outpatient Services	\$1,619,569
Investments	\$195,008	Supporting Services	\$1,327,336
Other Income	\$253,094	Reserves	\$1,056,807
TOTAL REVENUE		\$10,743,984	

\*Contracts, grants, & program service fees.

# ACCREDITATIONS

The American Correctional Association (ACA) The Ohio Department of Rehabilitation & Corrections (ODRC) The Ohio Department of Mental Health & Addiction Services (OhioMHAS) The Commission of the Accreditation of Rehabilitation Facilities (CARF) The Prison Rape Elimination Act (PREA)



## **SUPPORTERS & FUNDING**

CATS would like to acknowledge the following foundations, community partners, and individuals for your support in 2023. **THANK YOU!** 

#### FOUNDATION SUPPORT

Cleveland Foundation Dominion Foundation Fighting for Alyssa Foundation Third Federal Foundation Ridgecliff Foundation The Rushton Fund Woodruff Foundation

#### PUBLIC FUNDING

Alcohol, Drug Addiction and Mental Health Board of Cuyahoga County Alcohol, Drug Addiction and Mental Health Services Board of Medina County Bedford Municipal Court City of Cleveland Cleveland Municipal Court Cuyahoga County Corrections Planning Board Cuyahoga County Executive South Euclid Municipal Court Federal Bureau of Prisons Garfield Heights Municipal Court Ohio Department of Medicaid Ohio Department of Rehabilitation & Corrections Ohio Direct Parma Municipal Court Rocky River Municipal Court United States Pre-Trial & Probation Services Lyndhurst Municipal Court Medina County Adult Probation Medina Municipal Court Ohio Department of Mental Health & Addiction Services Wadsworth Municipal Court



# INDIVIDUAL & CORPORATE SUPPORTERS

Anne Bloomberg Blue Ribbon Meats **James & Kathleen Bond** Allison Bores Veronica Bridgeman-Smith Judge Janet Burnside Justin Byrne Brandon Chrostowski Dan & Shelby Cratcha George Cratcha Stanley Cratcha Mary DeBose Jeff Distin Elliot Gelb Linda Glasener Kathy Heigle David Kantor Judge David & Monica Matia Robert & Anna Newman The Olsafsky Family **John Price** Franz & Helen Pussel Dr. Luis Ramirez Iohn & Niki Scalish Deborah Schon Linda Somers Andrew Stockard Swagelok Judge Joan Synenberg William Vajner Michael VanNiel Peter Wallace Roxanne Wallace Louis Weigele Susan Wolpert Patrick Zohn



# GOOD TIMES FOR GREAT CAUSES

4TH BATTLE ON THE FAIRWAYS FUNDRAISER







## LOCATIONS





#### MEN'S & WOMEN'S RESIDENTIAL TREATMENT FACILITY

8411 Broadway Ave., Cleveland, Ohio 44105 Telephone: (216) 441-0200 Fax: (216) 441-3637

#### OUTPATIENT TREATMENT FACILITY

5162 Broadway Ave., Cleveland, Ohio 44127 Telephone: (216) 938-6829 Fax: (216) 465-3158





#### MEN'S RESIDENTIAL TREATMENT FACILITY AT SUMMA HEALTH

Wadsworth-Rittman Medical Center 205 Wadsworth Rd., Wadsworth, Ohio 44281 Telephone: (234) 217-8882 Fax: (234) 217-8941

#### **COMMUNITY HOUSING**

5162 Broadway Ave., Cleveland, Ohio 44127 Telephone: (216) 938-6829 Fax: (216) 465-3158





# **COMPANY CONTACT**





communityassessment.org



outreach@communityassessment.org



#### 8411 Broadway Ave., Cleveland, OH 44105



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