

# COMMUNITY ASSESSMENT & TREATMENT SERVICES

**2014 ANNUAL REPORT** 



Rebuilding Lives, Reunifying Families

#### **CATS' Annual Report**





#### MESSAGE FROM CATS' LEADERS

It is our pleasure to present Community Assessment & Treatment Services' 2014 Annual Report. Through the hard work and dedication of our staff, Board of Directors and supporters, FY 2014 was our most successful year ever! More than 2,000 men and women took advantage of multiple levels of our outstanding treatment programming to begin changing their lives for the better.

In 2014, we opened our new, 60-bed residential treatment addition that provides intensive treatment to dually-diagnosed individuals involved in the criminal justice system. We were also able to expand on service provision beyond just Cuyahoga County for the first time. CATS now provides treatment services to both the Medina County Probation Department and the Lorain County Probation Department. We are pleased to see the word about CATS' superior programming has spread beyond just the Greater Cleveland treatment community.

This year also marked our 25th Anniversary of providing high quality, cost effective, holistic, evidence-based interventions addressing the chemical dependency, mental health, and social justice needs of Cuyahoga County residents. A heartfelt "Thank You" goes out to all who supported our 25th Anniversary Gala through your sponsorships, donations and attendance at this very successful fund-raiser. While we work in a field that we wish wasn't needed, we are proud to have saved so many lives over the past 25 years and we pledge to continue this very important work because every life matters.

Looking ahead to 2015, CATS hopes to expand our services by adding a workforce development, job training and job placement program for our unemployed and underemployed clients. We are also looking to expand the mental health services we currently offer as well as examining the feasibility of moving our entire outpatient department to an as yet undetermined, off-site location.

As always, CATS remains committed to providing the best drug & alcohol and mental health treatment services to those most in need throughout Northeast Ohio. This mission is successful only because of the hard work and dedication of our staff, our Board of Directors and YOU, our supporters. For that, we thank each and every one of you.

Respectfully,

Rojanne Weller

Roxanne Wallace Executive Director Amos Z. Mahsua President, Board of Trustees

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#### **BOARD OF TRUSTEES**

Amos Mahsua - President
David Legeay - Vice President
Franz Pussel - Treasurer
Michael Drain, Esq. - Secretary

Amanda Roe
Dick Clough
Ray Lesser
Nahid Pempin
Lindsay M. McMahon
Jason Smith
Jason Schreiber
Michael VanNiel



Board Member Franz Pussel accepts the 1st Annual Guiding Light Award at the 25th Anniversary Gala.

#### **SENIOR MANAGEMENT**

Roxanne Wallace, MA – Chief Executive Officer
John Scalish, LPCC-S, LICDC-CS – Chief Operating Officer
Thomas H. Wengerd, CPA, CGMA, MBA – Chief Financial Officer
Lou LaMarca, MSSA, LISW – Director of Clinical Services
Char Osterland – Director of Administration
Robert D. Newman, MCJ – Director of Development
Ruth Koenigsmark – Director of Human Resources &
Community Liaison
Luis Ramirez, MD - Medical Director



COO John Scalish presents an award to ADAMHS Board CEO William Denihan



Dr. Luis Ramirez Medical Director

#### CATS' Annual Report | 2014

#### MISSION STATEMENT

CATS' mission is to provide high quality, cost effective, holistic, abstinence-based intervention and prevention services. These services address the chemical dependency and/or mental health needs of a diverse clientele.

#### **ACCREDITED BY...**

- American Correctional Association (ACA)
- Ohio Department of Rehabilitation and Correction (ODRC)
- Commission for Accreditation of Rehabilitation Facilities (CARF)
- Ohio Department of Metal Health & Addiction Services (OhioMHAS)



Veronica Bridgeman Residential Advocate Supervisor

#### **PROGRAMS**

#### Residential Treatment

Clients receive intensive substance abuse, mental health and/or cognitive behavioral treatment aimed at reducing recidivism and addressing a full array of negative behaviors. CATS has 54 female beds and 151 male beds.

#### **Outpatient Treatment**

#### **Non-Intensive Outpatient**

- 1-3 days/week
- Includes group counseling, individual counseling, assessments, urinalysis, and case management
- Available also as a follow-up program for residential and intensive outpatient graduates.
- Available to self-pay, Medicaid, and court-referred individuals.

#### **Intensive Outpatient**

- 4 days/week
- A structured combination of services with a minimum participation requirement of three sessions and eight hours of weekly treatment.
- Available to self-pay, Medicaid, and court-referred individuals.

#### **SERVICES**

#### **Assessment**

An in-depth interview designed to assess an individual's needs. The assessment concludes with a diagnosis and recommendations for treatment.

#### Group Counseling

The majority of CATS' services are delivered in the group format in which a professional, licensed counselor facilitates group therapy.

#### Individual Counseling

All clients receive individual counseling to develop and implement an individualized treatment plan.

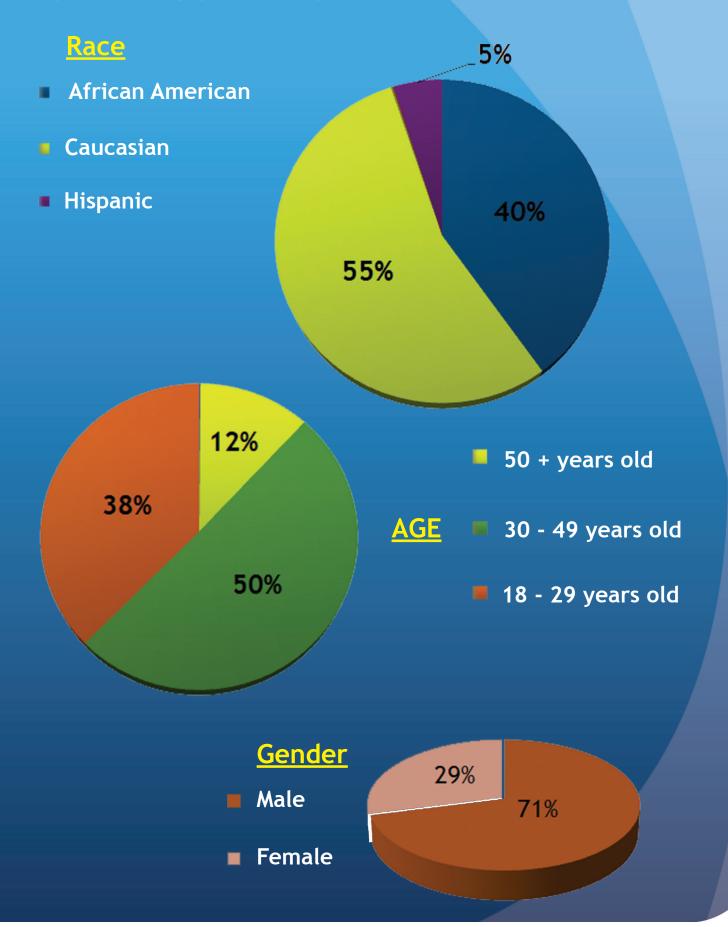
#### Case Management

Referrals to community resources and assistance in accessing them.

#### **Drug Testing**

Testing for the presence of illegal drugs and/or alcohol.

# **2014 DEMOGRAPHICS**

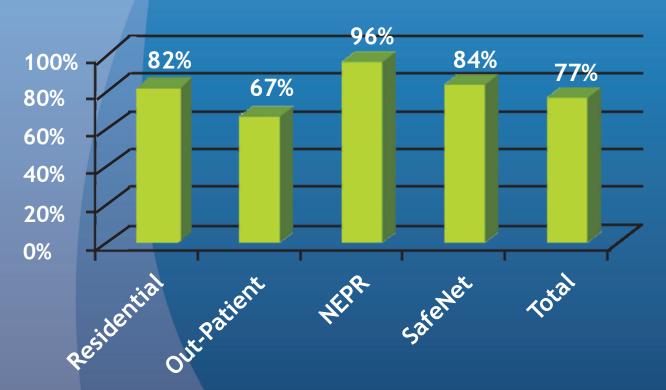


### **OVERALL IMPACTS**

## Total Success Rates



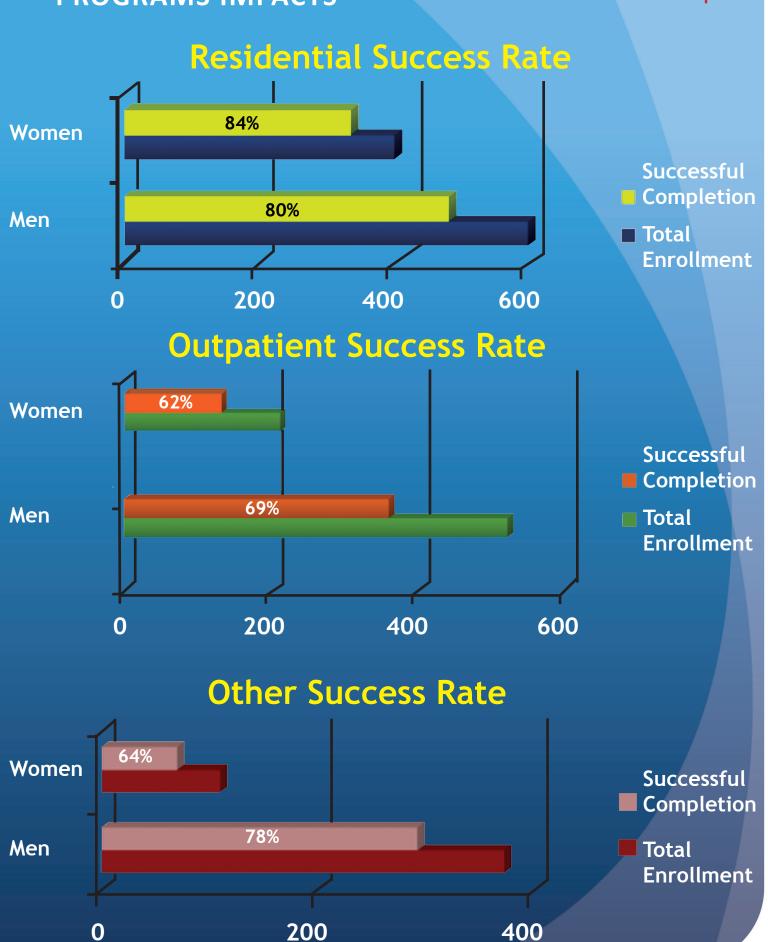
# **Programs' Successful Completion Rates**



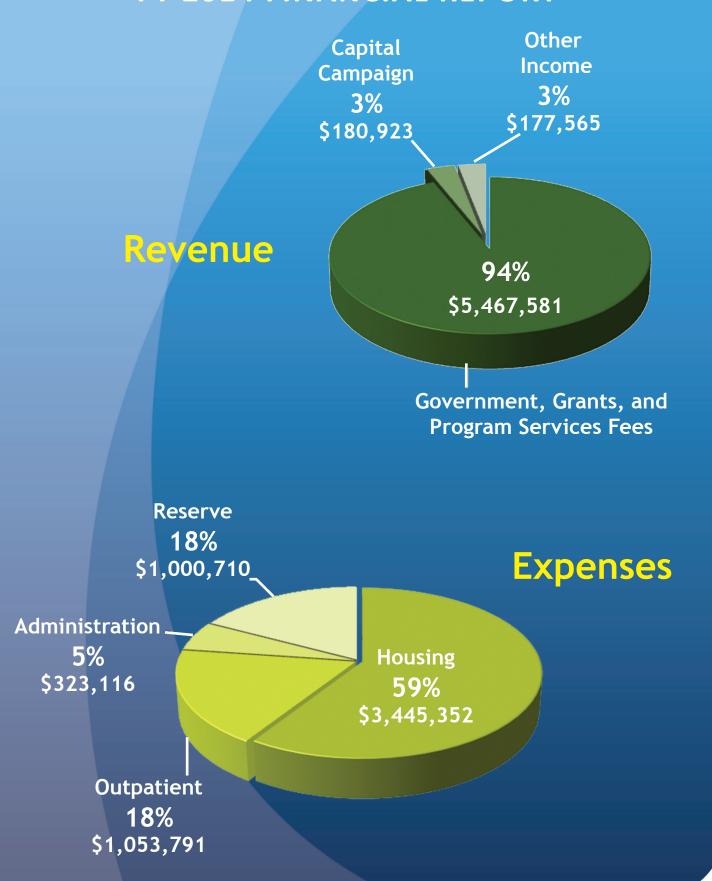
# 1,480 Individuals Served

**CATS' Annual Report** 





# **FY 2014 FINANCIAL REPORT**



#### 2014 - 2015 QUALITY IMPROVEMENT UPDATE

Community Assessment & Treatment Services is a proud supporter of the continuing education of our staff. In accordance with this principle, we are pleased to announce the following academic achievements and licenses obtained by our staff in FY 2014:

- ❖ Brian Bentley LCDC II
- ♦ Riva Colvin LSW
- ❖ James Jones LCDC II
- ❖ William Maddox Jr. LICDC
- Kimberly Mance CDCA
- Kristina Ryan CDCA
- Eric Soeder CDCA



#### **CLIENT IMPACTS**

We want to express our admiration of every client who has come through our doors. Their individual courage and perseverance, focused on restoring their lives on a foundation of sobriety, personal responsibility, honesty and accomplishment, has changed their lives, the lives of their families – and serves to inspire and strengthen all of us.

"I started using drugs when I was 9. I went to prison and had been admitted to CATS twice. During my time here, I ran away, got locked up, and overall had a very rough beginning because I thought the programs offered here did not fit me well. The turning point in my recovery journey began with taking a chance. No matter how difficult I was, CATS counselors never gave up on me. They took special time and dedication to help me. I decided to give the programs a real try and finally cooperated to make a difference. It all came down with a huge change in my cognitive process that CATS programs were designed to do. At first, I didn't realize any difference internally, but I started noticing changes from my family and peers. I have the great people here to thank for how much my life has improved. I'm very appreciative of how well the counselors treat me and take the time to listen. Thank you for a new life!"

"My whole life prior to being admitted here involved a vicious cycle of shoplifting, heavy drinking, substance abuse, and more shoplifting to pay for my chronic addiction. At the age of 23, I started realizing that this was not the way to live life. I turned myself in and sought help. I came to CATS after being released from jail. The Criminal Conduct class at CATS completely changed my life. I learned to understand the culprit of my issues. With the help of CATS counselors, I started changing the way I think and see life differently. I finally accepted myself and wanted to amend my life for the better and for those around me. This place gives me a second chance in life. Thank you!"

#### CATS' Annual Report | 2014

We would like to take a moment to acknowledge and thank our many supporters, donors and community collaborators who help in making CATS a beacon of hope for those in need throughout Northeast Ohio.

#### PUBLIC FUNDING

Alcohol, Drug Addiction and Mental Health Services Board of Cuyahoga County

**Bedford Municipal Court** 

Berea Municipal Court

**City of Cleveland** 

**Cleveland Municipal Court** 

**Cuyahoga County Commissioners** 

**Cuyahoga County Court of Common Pleas** 

**Cuyahoga County Office of Re-Entry** 

**Euclid Municipal Court** 

**Federal Bureau of Prisons** 

**Garfield Heights Municipal Court** 

**Ohio Department of Mental Health & Addiction Services** 

**Ohio Department of Job & Family Services** 

Ohio Department of Public Safety, Office of Criminal Justice Services

**Ohio Department of Rehabilitation and Correction** 

**Ohio Department of Youth Services** 

**Ohio Direct** 

**Parma Municipal Court** 

**Rocky River Municipal Court** 

**United States Bureau of Justice Assistance** 

**United States Department of Justice** 

**United States Probation & Pre-Trial Services** 



Board President Amos Mahsua addresses the 25th Annual Gayla



Executive Director Roxanne Wallace & Cleveland City Council President Kevin Kelley

#### **FOUNDATION SUPPORT**

The Abington Foundation
The Bruening Foundation
The Cleveland Foundation
The Cy Pres Honor Project
The Dominion Foundation
The KeyBank Foundation
The Reuter Foundation
Third Federal Foundation
The Wolpert Fund
The Woodruff Foundation



Development Director, Robert D. Newman accepts a donation from The Cy Pres Honor Project on behalf of CATS

#### INDIVIDUAL SUPPORTERS

Joel & Carly Alexander

Jenny Baker

**Dorothy Baunach** 

**Brian Bentley** 

**Jeanette Bentley** 

**Anne Bloomberg** 

James & Kathleen Bond

**Councilman Anthony Brancatelli** 

Melissa Bregitzer

**Veronica Bridgeman** 

**Brian Brown** 

**William Brown** 

Judge Janet R. Burnside

**Brandon Chrostowski** 

**Dick Clough** 

**Daniel Connor** 

Dan & Shelby Cratcha

**George Cratcha** 

**Stanley Cratcha** 

Alexander & Sally Cutler

**Don Davies** 

**Elsie Day** 

William & Mary Denihan

Jeff Distin

**Michael Drain** 

**Mary Ann Finan** 

**Elliot Gelb** 

Linda Glasener

Peggy Graham

**Donny & Trish Kell** 

**Marie Kittredge** 

**Ruth & Jerry Koenigsmark** 

Mimi Konopinski

Louis LaMarca & Dale Hopkins II

**Judge Anita-Laster-Mays** 

**David Legeay** 

Ray S. Lesser & Susan Wolpert

Paul & Keri Luchowski

Amos Z. & Valentina Mahsua

**Lindsay McMahon** 

**Myrtle Muntz** 

**Robert & Anna Newman** 

**Char Osterland** 

**Nahid Pempin** 

Franz & Helen Pussel

Luis Ramirez, M.D.

**Amanda Roe** 

**Reggie Rucker** 

**Coach Sam Rutigliano** 

John & Niki Scalish

**Deborah Schon** 

**Jason Schreiber** 

**Maura Shibley** 

Jason C. Smith

**Eric Stephens** 

**Judge Joan Synenberg** 

**Craig Tame** 

**Francine Tate** 

**Tim Tress** 

Michael VanNiel

Peter Wallace

**Roxanne Wallace** 

Louis Weigele

Vanessa Womack

**Louis Zitello** 

#### **CONTACT US**

For more information about our programs, employment, or to learn how to become a supporter of CATS, please contact or visit us at:

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