MESSAGE FROM CATS’ LEADERS

It is our pleasure to present Community Assessment & Treatment Services’ 2014 Annual Report. Through the hard work and dedication of our staff, Board of Directors and supporters, FY 2014 was our most successful year ever! More than 2,000 men and women took advantage of multiple levels of our outstanding treatment programming to begin changing their lives for the better.

In 2014, we opened our new, 60-bed residential treatment addition that provides intensive treatment to dually-diagnosed individuals involved in the criminal justice system. We were also able to expand on service provision beyond just Cuyahoga County for the first time. CATS now provides treatment services to both the Medina County Probation Department and the Lorain County Probation Department. We are pleased to see the word about CATS’ superior programming has spread beyond just the Greater Cleveland treatment community.

This year also marked our 25th Anniversary of providing high quality, cost effective, holistic, evidence-based interventions addressing the chemical dependency, mental health, and social justice needs of Cuyahoga County residents. A heartfelt “Thank You” goes out to all who supported our 25th Anniversary Gala through your sponsorships, donations and attendance at this very successful fund-raiser. While we work in a field that we wish wasn’t needed, we are proud to have saved so many lives over the past 25 years and we pledge to continue this very important work because every life matters.

Looking ahead to 2015, CATS hopes to expand our services by adding a workforce development, job training and job placement program for our unemployed and underemployed clients. We are also looking to expand the mental health services we currently offer as well as examining the feasibility of moving our entire outpatient department to an as yet undetermined, off-site location.

As always, CATS remains committed to providing the best drug & alcohol and mental health treatment services to those most in need throughout Northeast Ohio. This mission is successful only because of the hard work and dedication of our staff, our Board of Directors and YOU, our supporters. For that, we thank each and every one of you.

Respectfully,

Roxanne Wallace                Amos Z. Mahsua
Executive Director                President, Board of Trustees
BOARD OF TRUSTEES
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Franz Pussel - Treasurer
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SENIOR MANAGEMENT
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Thomas H. Wengerd, CPA, CGMA, MBA – Chief Financial Officer
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Char Osterland – Director of Administration
Robert D. Newman, MCJ – Director of Development
Ruth Koenigsmark – Director of Human Resources & Community Liaison
Luis Ramirez, MD - Medical Director

Board Member Franz Pussel accepts the 1st Annual Guiding Light Award at the 25th Anniversary Gala.

COO John Scalish presents an award to ADAMHS Board CEO William Denihan

Dr. Luis Ramirez
Medical Director
MISSION STATEMENT
CATS’ mission is to provide high quality, cost effective, holistic, abstinence-based intervention and prevention services. These services address the chemical dependency and/or mental health needs of a diverse clientele.

ACCREDITED BY...
- American Correctional Association (ACA)
- Ohio Department of Rehabilitation and Correction (ODRC)
- Commission for Accreditation of Rehabilitation Facilities (CARF)
- Ohio Department of Mental Health & Addiction Services (OhioMHAS)

PROGRAMS
Residential Treatment
Clients receive intensive substance abuse, mental health and/or cognitive behavioral treatment aimed at reducing recidivism and addressing a full array of negative behaviors. CATS has 54 female beds and 151 male beds.

Outpatient Treatment
Non-Intensive Outpatient
- 1-3 days/week
- Includes group counseling, individual counseling, assessments, urinalysis, and case management
- Available also as a follow-up program for residential and intensive outpatient graduates.
- Available to self-pay, Medicaid, and court-referred individuals.

Intensive Outpatient
- 4 days/week
- A structured combination of services with a minimum participation requirement of three sessions and eight hours of weekly treatment.
- Available to self-pay, Medicaid, and court-referred individuals.

SERVICES
Assessment
An in-depth interview designed to assess an individual’s needs. The assessment concludes with a diagnosis and recommendations for treatment.

Group Counseling
The majority of CATS’ services are delivered in the group format in which a professional, licensed counselor facilitates group therapy.

Individual Counseling
All clients receive individual counseling to develop and implement an individualized treatment plan.

Case Management
Referrals to community resources and assistance in accessing them.

Drug Testing
Testing for the presence of illegal drugs and/or alcohol.
2014 DEMOGRAPHICS

**Race**
- African American
- Caucasian
- Hispanic

**Age**
- 50 + years old
- 30 - 49 years old
- 18 - 29 years old

**Gender**
- Male
- Female
OVERALL IMPACTS

Total Success Rates

<table>
<thead>
<tr>
<th>Year</th>
<th>FY '10</th>
<th>FY '11</th>
<th>FY '12</th>
<th>FY '13</th>
<th>FY '14</th>
</tr>
</thead>
<tbody>
<tr>
<td>Rates</td>
<td>72%</td>
<td>71%</td>
<td>69%</td>
<td>71%</td>
<td>73%</td>
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</tbody>
</table>

Programs’ Successful Completion Rates

<table>
<thead>
<tr>
<th>Program</th>
<th>FY '10</th>
<th>FY '11</th>
<th>FY '12</th>
<th>FY '13</th>
<th>FY '14</th>
</tr>
</thead>
<tbody>
<tr>
<td>Residential</td>
<td>82%</td>
<td>67%</td>
<td>96%</td>
<td>84%</td>
<td>77%</td>
</tr>
<tr>
<td>Out-Patient</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
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<tr>
<td>NEPR</td>
<td></td>
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<td></td>
</tr>
<tr>
<td>SafeNet</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Total</td>
<td></td>
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</tr>
</tbody>
</table>

1,480 Individuals Served
### Programs Impacts

#### Residential Success Rate

- **Women:** 84%
- **Men:** 80%

#### Outpatient Success Rate

- **Women:** 62%
- **Men:** 69%

#### Other Success Rate

- **Women:** 64%
- **Men:** 78%

*Bar charts depicting success rates for residential, outpatient, and other programs, categorized by gender.*
2014 - 2015 QUALITY IMPROVEMENT UPDATE

Community Assessment & Treatment Services is a proud supporter of the continuing education of our staff. In accordance with this principle, we are pleased to announce the following academic achievements and licenses obtained by our staff in FY 2014:

- Brian Bentley – LCDC II
- Riva Colvin - LSW
- James Jones – LCDC II
- William Maddox Jr. – LICDC
- Kimberly Mance - CDCA
- Kristina Ryan - CDCA
- Eric Soeder - CDCA

CLIENT IMPACTS

We want to express our admiration of every client who has come through our doors. Their individual courage and perseverance, focused on restoring their lives on a foundation of sobriety, personal responsibility, honesty and accomplishment, has changed their lives, the lives of their families – and serves to inspire and strengthen all of us.

“I started using drugs when I was 9. I went to prison and had been admitted to CATS twice. During my time here, I ran away, got locked up, and overall had a very rough beginning because I thought the programs offered here did not fit me well. The turning point in my recovery journey began with taking a chance. No matter how difficult I was, CATS counselors never gave up on me. They took special time and dedication to help me. I decided to give the programs a real try and finally cooperated to make a difference. It all came down with a huge change in my cognitive process that CATS programs were designed to do. At first, I didn’t realize any difference internally, but I started noticing changes from my family and peers. I have the great people here to thank for how much my life has improved. I’m very appreciative of how well the counselors treat me and take the time to listen. Thank you for a new life!”

“My whole life prior to being admitted here involved a vicious cycle of shoplifting, heavy drinking, substance abuse, and more shoplifting to pay for my chronic addiction. At the age of 23, I started realizing that this was not the way to live life. I turned myself in and sought help. I came to CATS after being released from jail. The Criminal Conduct class at CATS completely changed my life. I learned to understand the culprit of my issues. With the help of CATS counselors, I started changing the way I think and see life differently. I finally accepted myself and wanted to amend my life for the better and for those around me. This place gives me a second chance in life. Thank you!”
We would like to take a moment to acknowledge and thank our many supporters, donors and community collaborators who help in making CATS a beacon of hope for those in need throughout Northeast Ohio.

**PUBLIC FUNDING**

Alcohol, Drug Addiction and Mental Health Services Board of Cuyahoga County  
Bedford Municipal Court  
Berea Municipal Court  
City of Cleveland  
Cleveland Municipal Court  
Cuyahoga County Commissioners  
Cuyahoga County Court of Common Pleas  
Cuyahoga County Office of Re-Entry  
Euclid Municipal Court  
Federal Bureau of Prisons  
Garfield Heights Municipal Court  
Ohio Department of Mental Health & Addiction Services  
Ohio Department of Job & Family Services  
Ohio Department of Public Safety, Office of Criminal Justice Services  
Ohio Department of Rehabilitation and Correction  
Ohio Department of Youth Services  
Ohio Direct  
Parma Municipal Court  
Rocky River Municipal Court  
United States Bureau of Justice Assistance  
United States Department of Justice  
United States Probation & Pre-Trial Services

**FOUNDATION SUPPORT**

The Abington Foundation  
The Bruening Foundation  
The Cleveland Foundation  
The Cy Pres Honor Project  
The Dominion Foundation  
The KeyBank Foundation  
The Reuter Foundation  
Third Federal Foundation  
The Wolpert Fund  
The Woodruff Foundation
INDIVIDUAL SUPPORTERS

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Jenny Baker  
Dorothy Baunach  
Brian Bentley  
Jeanette Bentley  
Anne Bloomberg  
James & Kathleen Bond  
Councilman Anthony Brancatelli  
Melissa Bregitzer  
Veronica Bridgeman  
Brian Brown  
William Brown  
Judge Janet R. Burnside  
Brandon Chrostowski  
Dick Clough  
Daniel Connor  
Dan & Shelby Cratcha  
George Cratcha  
Stanley Cratcha  
Alexander & Sally Cutler  
Don Davies  
Elsie Day  
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Jeff Distin  
Michael Drain  
Mary Ann Finan  
Elliot Gelb  
Peggy Graham  
Donny & Trish Kell  
Marie Kittredge  
Ruth & Jerry Koenigsmark  
Mimi Konopinski  
Louis LaMarca & Dale Hopkins II  
Judge Anita-Laster-Mays  
David Legeay  
Ray S. Lesser & Susan Wolpert  
Paul & Keri Luchowski  
Amos Z. & Valentina Mahsua  
Lindsay McMahon  
Myrtle Muntz  
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Peter Wallace  
Roxanne Wallace  
Louis Weigele  
Vanessa Womack  
Louis Zitello

CONTACT US

For more information about our programs, employment, or to learn how to become a supporter of CATS, please contact or visit us at:

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Designed by: Trang Le
Produced by: CATS' Technical Services