

Community Assessment & Treatment Services, Inc.

2013 Annual Report



Our Mission

To provide high quality, cost effective, holistic abstinence-based interventions addressing the chemical-dependency, mental health and social justice needs of a diverse clientele.

Client Quote

"It's wonderful here and I'm hoping it helps others like it did me."



"The mentality and behavior of drug addicts and alcoholics is wholly irrational until you understand that they are completely powerless over their addiction and unless they have structured help, they have no hope."

— Russell Brand

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**Please note that this list of Board Members and positions is accurate as of June, 2014.*

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On behalf of Community Assessment & Treatment Services, Inc. (CATS), we are proud to present our 2013 Annual Report. Thanks to our dedicated staff, Board of Directors and supporters, FY 2013 was a very successful year for CATS. We served more than 1,200 clients through our Intensive Outpatient, Residential and Cognitive Behavioral Therapy based programs as we continue to help the residents of Cuyahoga County battle substance abuse and mental health issues.

Also in 2013, we began a successful Capital Campaign to fund our 10,370 sq. ft., 60-bed addition to our residential facility. Led by a \$150,000.00 grant from the Cleveland Foundation, CATS successfully raised over \$300,000 in grants and donations towards the construction of this addition. A great big CATS "Thank You" goes out to The Woodruff Foundation, The Bruening Foundation, Third Federal Foundation, The Wolpert Fund, The Abington Foundation, KeyBank Foundation and the Ingalls Foundation for your generous support of our campaign. Because of these foundations and our individual supporters, and despite typical Cleveland weather, we were able to break ground for the addition in December, 2013.

As we look forward to FY 2014 and beyond, we look to expand not only our residential capacity but also the services we provide our clients and the agencies with which we partner. As the well-publicized Heroin Epidemic continues to ravage Cuyahoga County, CATS looks to focus on the Dually-Diagnosed and Opiate dependent populations with the 60 additional beds in our new building.

Another area we will focus on in FY 2014 is collaboration with other social service agencies throughout Cuyahoga County. Our work with The Alcohol, Drug Addiction & Mental Health Services (ADAMHS) Board of Cuyahoga County, The Cuyahoga County Office of Reentry (CCOR), Community Reentry (CR), Recovery Resources, Harbor Light and The Center for Evidence-Based Practices at Case Western Reserve University has proven invaluable to both our clients and our agency as a whole. We look forward to strengthening our partnerships with these agencies while exploring new collaborative partners for the future.

This year also marks 25 years serving the Cuyahoga County recovery community for CATS. To celebrate, we will be hosting a 25th Anniversary Gala on October 18, 2014. We hope to see as many of you there as possible. CATS is committed to providing the best alcohol & drug treatment and mental health services to those most in need throughout Cuyahoga County. Because of the hard work and dedication of our staff, our Board of Directors and YOU, our supporters, we have been able to provide these services for nearly 25 years and will continue to do so for years to come. For that, we thank each and every one of you.

Respectfully,



Amos Z. Mahsua
President, Board of Trustees



Roxanne Wallace
Executive Director



Accredited by:

- » American Correctional Association (ACA)
- » Ohio Department of Rehabilitation and Correction (ODRC)
- » Commission for Accreditation of Rehabilitation Facilities (CARF)
- » Ohio Department of Mental Health & Addiction Services (OhioMHAS)
previously known as:
 - Ohio Department of Alcohol and Drug Addiction Services (ODADAS)
and
 - Ohio Department of Mental Health (ODMH)

Community Assessment & Treatment Services, Inc. is also a contract agency for the Alcohol, Drug Addiction and Mental Health Services (ADAMHS) Board of Cuyahoga County, a Certified Field Site for the Cleveland State University Department of Social Work and an Equal Opportunity Employer and Provider of Services.



**Director of Development, Robert Newman represents CATS at the
2013 Pathways to Wellness Health & Education Fair**

Clients Served

Community Assessment & Treatment Services, Inc. provided services to a total of 1,243 individuals in Fiscal Year* 2013. This includes 968 who participated in residential treatment services, 818 who received outpatient services and 199 who participated in non-treatment related programming. Residential, Outpatient & Non-Treatment Programming figures include 742 clients who participated in both residential treatment and out-patient or non-treatment related programming.

**CATS' Fiscal Year runs from 7/1/2012 – 6/30/2013*

Client Quote

"I didn't think I had a problem until I learned to understand. I love this place and all they have done for me."



Staff Spotlight

"When I come to work and see everyone it puts a smile on my face and a glow in my heart"

- Residential Advocate, Ron Walker

Working at CATS is not glamorous. Responsibility and stress are high; prestige and financial rewards are not. Who are these people? Why do they do it?

Perhaps the most remarkable thing about CATS' staff is how much they enjoy their jobs. Outpatient Counselor, Kim Dubroc notes: "People like working at CATS and the clients know it." This is true across departments and disciplines. The 74 people who work at CATS are a diverse group of different ages, races, genders, religions and sexual orientations. They reflect the diversity of the consumers who participate in CATS programming and the communities we serve. Their styles and techniques differ, as Men's Residential Program Manager, Jeff Distin observes: "No matter what the situation is, we have different ways of doing it, but, we get it done." Their expertise is not just academic, it is often from life itself. Many staff members are in recovery from their own experiences with substances and criminal behavior, demonstrating CATS commitment to second chances and the Staff's commitment to giving back.

There is a resilience that unites the staff in spite of their differences. "We don't give up" remarks Women's Residential Counselor, Linda Glasener. That stubborn spirit serves the staff and, in turn the consumers, well. Cuyahoga County is in the midst of a well-documented opiate epidemic. Funding is vulnerable and budgets are slashed. It would be very easy to throw in the towel, yet CATS' staff is optimistic. Why? Kitchen Manager, William Brown explains: "You see it happening." "It" is the concept of recovery, the idea that hope always remains, the knowledge that things can and will get better. "It" is difficult to define but easy to see as clients change. "It" is clients proudly reporting: "I used my skills today." "It" is a former client calling their counselor to report a year of sobriety. "It" is another former client, stopping by to tell staff that he is not only enrolled in college, he is teaching there as well.

"It" is the stories of success that keep the staff at CATS going day in and day out as we help fight the disease of addiction.



CATS' staff members Kim Dubroc, Linda Glasener, William Brown, Ron Walker & Jeff Distin

Statistics

CATS Client Demographics FY 2013

Gender

Male	74%
Female	26%

Age

18 – 29	38%
30 – 49	49%
50 +	13%

Race

African American	46%
Caucasian	49%
Hispanic	4%
Other	1%

Primary Drug of Choice

Heroin/Opiates	35%
Marijuana	23%
Alcohol	21%
Cocaine/Crack	14%
Other Drug(s)	7%

Fiscal Year 2013 Financial Report

Revenue

Government Grants & Program Service Fees	\$5,089,574
Foundations	\$ 20,581
Capital Campaign	\$ 135,753
Other Income	\$ 153,678

Expenses

Housing	\$3,389,745
Outpatient	\$1,003,913
CATS Plus	\$ 87,029
Administration	\$ 480,338
Reserves	\$ 438,561

Total	\$5,399,586
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Client Quote

“My life is better today thanks to CATS.”

We would like to take a moment to acknowledge and thank our many supporters, donors and community collaborators who help make CATS a beacon of hope for those in need throughout Cuyahoga County.

Individual Supporters

Joel & Carly Alexander	Jeff Distin	Robert D. & Anna Newman
Barbara Anderson	Michael Drain	Char Osterland
Jenny Baker	Nancy Farmer	Nahid Pempin
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The Abington Foundation	The Reuter Foundation
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Public Support Provided By:

Alcohol, Drug Addiction and Mental Health Services Board of Cuyahoga County
Mental Health & Recovery Board of Portage County
Bedford Municipal Court
Berea Municipal Court
City of Cleveland
Cleveland Municipal Court
Cuyahoga County Commissioners
Cuyahoga County Court of Common Pleas
Cuyahoga County Office of Re-Entry
Euclid Municipal Court
Garfield Heights Municipal Court
Lyndhurst Municipal Court
Ohio Department of Mental Health & Addiction Services
Ohio Department of Job & Family Services
Ohio Department of Public Safety, Office of Criminal Justice Services
Ohio Department of Rehabilitation and Correction
Ohio Department of Youth Services
Ohio Direct
Parma Municipal Court
Rocky River Municipal Court
United States Bureau of Justice Assistance
United States Department of Justice
United States Probation & Pre-Trial Services

Thank you to all our generous supporters. We apologize for any omissions or mistakes.

Client Quote

"This has been by far the best experience in the past 12 years of my life due to the great staff here at CATS."

2013 - 2014 Quality Improvement Update

Community Assessment & Treatment Services is a proud supporter of the continuing education of our staff. In accordance with this principle, we are pleased to announce the following academic achievements and licensures obtained by our staff in FY 2013:

- ♦ **Aubri Green** – BS in Social Work, CDCA
- ♦ **Tiffany Drohan** – MSW, CDCA
- ♦ **Kayla O'Malley** – PCC

Client Quote

"Thanks for saving my life and giving me another chance."

We are extremely excited about the new developments here at CATS. Thank you again for your continued support as we look to 2014 for bigger and better things at Community Assessment & Treatment Services, Inc.

How to contact CATS

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Residential & Outpatient Treatment Programs

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Cleveland, OH 44105

Tel. (216) 441-0200

Fax (216) 441-3176

www.communityassessment.org



How You Can Help...

Thank you for your continued support of CATS. It is only with your help that we can continue to fulfill our mission.

Your gift will rebuild a life and reunify a family and ultimately help revitalize our community.

You may donate using the envelope below or on-line at our website:

www.communityassessment.org or by contacting Robert D. Newman, Director of Development at (216) 441-0200, ext. 111.

Donation Envelope

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